



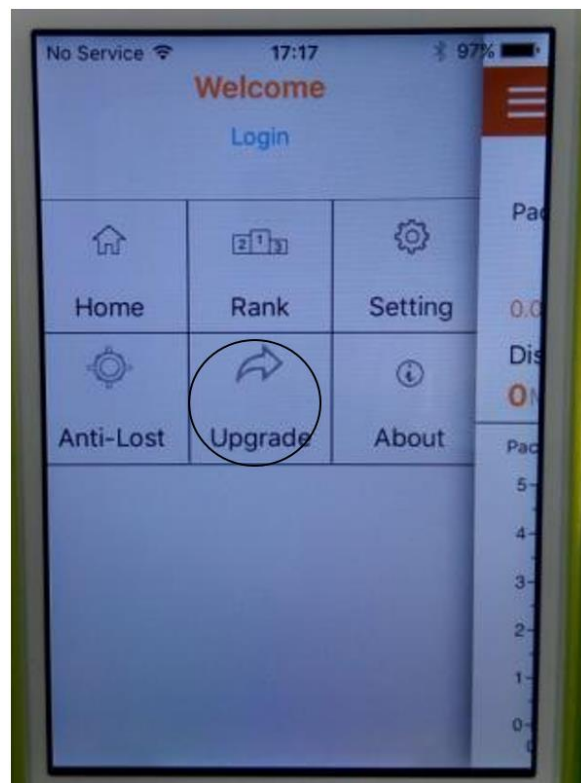
**FIRMWARE UPDATE INSTRUCTIONS
IN 10889 Fitness Wristband inSPORTline Ego**



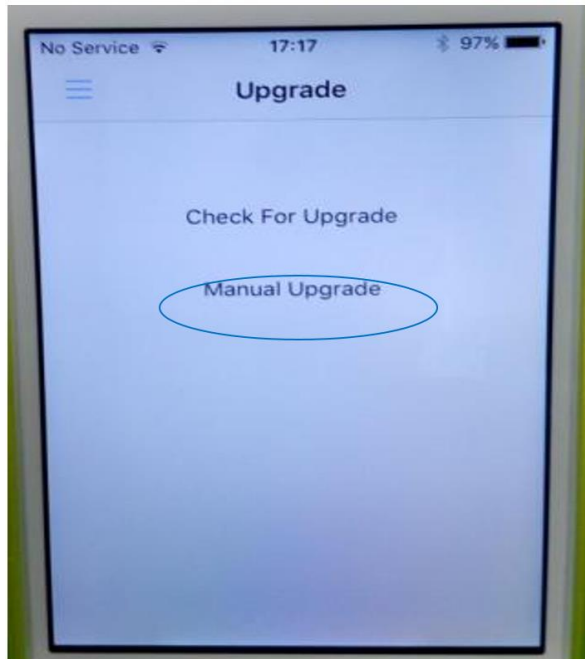
1. **Wristband entering DFU mode:** Press the button on the wrist band for 3 seconds, meanwhile press the top two charge points on the back with the tips of a tweezer. Then the wrist band shall be shut down and entering DFU mode.



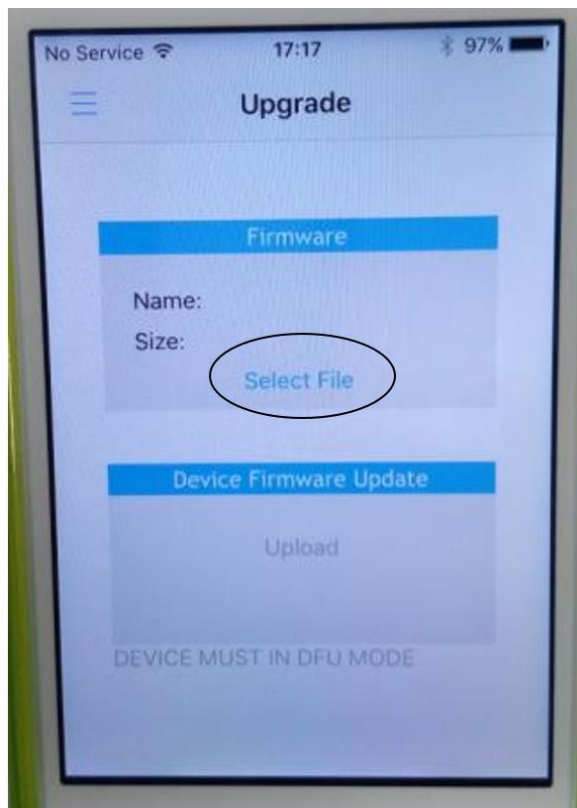
2. Turn the Bluetooth on and enter the Smart-iMovement app.
3. Find the MENU page and click upgrade.



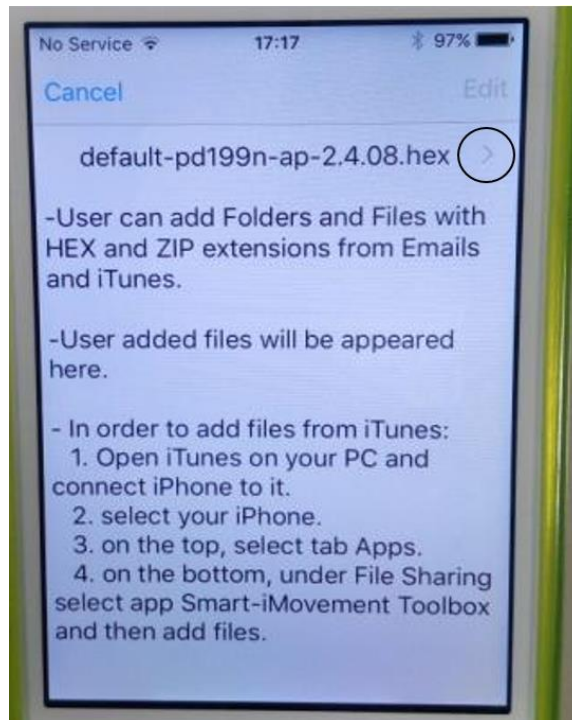
4. Click Manual Upgrade.



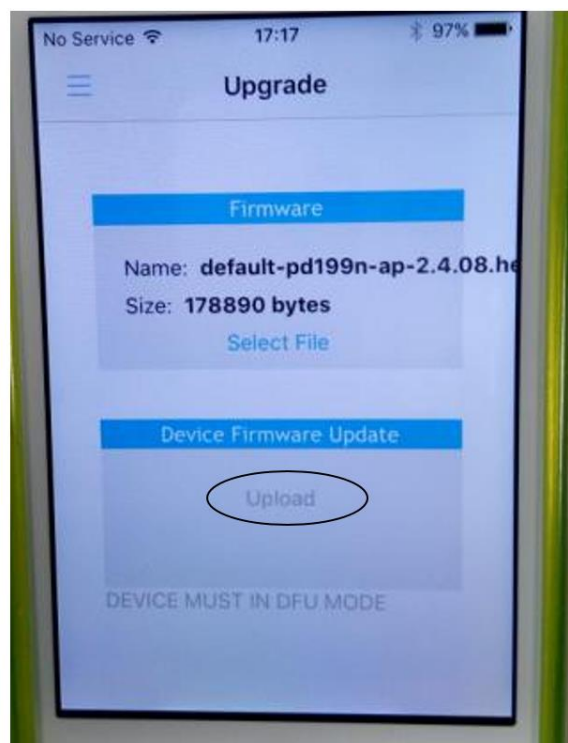
5. Click Select File.



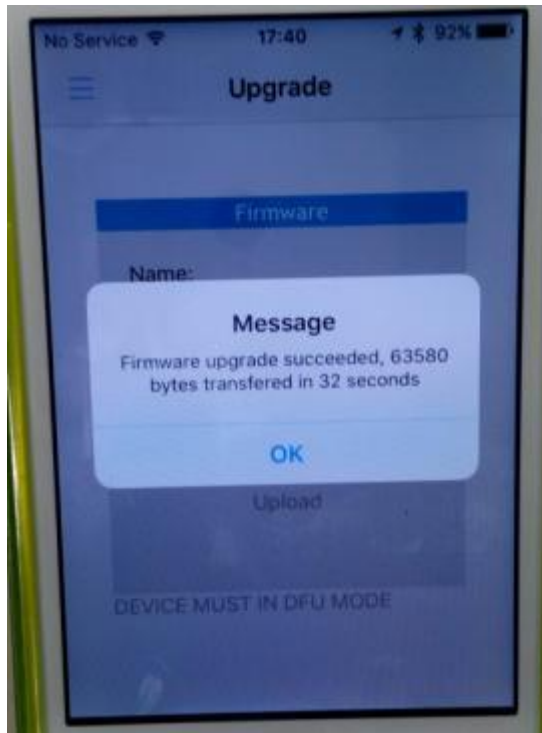
6. Select the file default-pd199n-ap-2.4.08.hex



7. Click on the “>” button.
8. Click Upload.



9. Following message shall pop up once the upgrade is accomplished.



10. If any exception such as dead phone or repeatedly rebooting occurs, please repeat the steps above.